

# 12 Top Tips for Budding Astrologers

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Ideas and suggestions to get you started on chart interpretation - and keep you going!



# 12 Top Tips for Budding Astrologers

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#### **Essential Information**

The first astrology tip is about the steps you, as a budding astrologer, could take before starting to set up or interpret a chart.

My tip is that you should have some **essential information** in place before you begin. In fact, it's vital that you do this so you don't discover you've wasted a whole lot of time and effort further down the line.

- Make sure you have an accurate birth time. If you're using the Huber Method, and you want to stray into using Age Progression at some point (like further on down the line), this can only work reliably with an accurate time of birth.
- Make sure the time of birth you are using has been adjusted if needed this will be especially important if the birth was in a place which has a different time zone.
- If you don't have a time of birth, then use noon, but be aware that your interpretation will be more limited. You'll still be able to get a good general feel for the person, but the hint is in the word "general".
- There's one very important thing to bear in mind when you're honing your skills. When you're being offered some data along with a request to look at the chart involved, remember to ascertain if it's the chart of a real person!
- That may sound a bit strange, but rather than pounce on the data and set up the chart, first find out who the data belongs to. It has been known for some eager astrologers to start dissecting the chart of a pet dog before finding out whose chart they were actually being asked to look at!

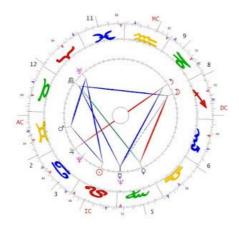
So, engage with **Mercury** before you start and get the facts in place, then go on to taking a more **Jupiterian** approach when you're clear about the data you have, and that it's reliable.

# **Starting Out**

Knowing how to go about looking at and interpreting a natal chart is the first big step. There will be some basic stages which perhaps you already know, but experience suggests that these can easily be forgotten or overlooked in the enthusiastic rush to get into the chart and start working on it, so this tip is about a vital, foundation stage to root you and set you on your journey to interpreting a chart.

- Always stop...pause...focus....and centre yourself on the chart you are about to look at.
- Allow your *eyes* and *senses* time to absorb the chart as a *whole*.
- Remember, the chart represents the person the whole individual.
- Honour that and listen to what your *senses* offer you in that pause before you begin interpreting anything.
- Rein in your Mercury and let your Jupiter have first go at the chart

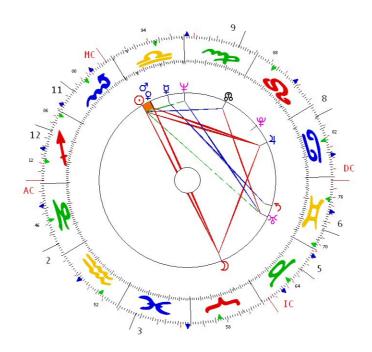
Use this chart to try out these suggestions.



Using your eyes and your senses, what can you see? Consider the aspect structure in the centre of the chart—the colours of the aspects, the shapes they make and the overall "picture". Maybe a tent, maybe some mountains, maybe something else? What you see and intuit is likely to give you first insights into the chart. Make some notes, gather your thoughts, then move on when you're ready

#### **Colour and Motivation**

If you're an astrologer, budding or otherwise, working with a Huber style chart and using the Huber method of astrological psychology, one important tip I've already highlighted is to take some time using your Jupiter (which is associated with perception, the eyes and the senses) and absorb the **balance of colour** in the **aspect structure** present in the chart.



The three main aspect colours used are **RED GREEN** and **BLUE**. Conjunctions of planets are shown in **ORANGE**. You might like to note this, but initially it's the **red**/**green**/**blue** - ness *ratio* of colour in the chart which should be focussed on. This is because it's a useful indicator of what **motivates** and **drives** the person from within.

Red aspects = doing energy/mode of behaviour

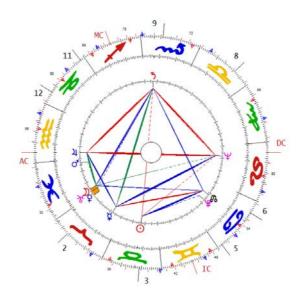
Green aspects = thinking and awareness energy/mode of behaviour

Blue aspects = "being" energy/mode of behaviour

So a chart with a large number of red aspects suggests an inner motivation of activity; a large number of green aspects indicates a prime motivation of thinking, sensitivity and awareness; a large number of blue aspects can point to a certain laid-backness, possibly to the point of inactivity! Apply this to the chart shown above and see how you get on.

Some astrologers pooh-pooh the idea of even using aspects; some have jumped on the colour bandwagon and now use colours for the aspects (as far as I'm aware, the Hubers led the way in this - I was introduced to the Huber Method of using colour for aspects in this way in 1986, and continue to find it extremely meaningful and useful).

Here is another chart to apply assessing colour balance to. What does this tell you about the person and their motivation?



There are more details about colour and motivation, how to work out the ratio of colour and how to use it with charts, in my co-authored book *The Cosmic Egg Timer*, available in colour both in paperback and on Kindle.

Details of books mentioned, where to get them, and other resources are shown on the final page.

# **Doorstep Planets**

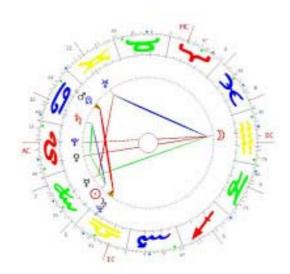
A doorstep planet is one which sits, like a sentinel, close to the DC or the descendant area of the chart. It may be in the 6th or 7th house, but it's always the planet or planets closest to the DC.

It's usual, in astrology, to look at the sign on the AC/ ascendant and the 1st house planets to assess how a person might come across to others. In the Huber Method of Astrological Psychology we still acknowledge this, but first of all we look to see what is on the "You" side - the DC side of the chart - to get an idea of what others might pick up first about the person.

It is very often the planet or planets close to the DC.

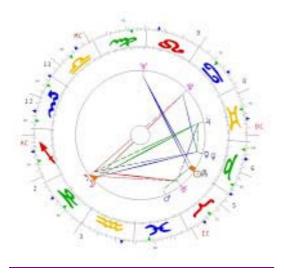
...like a sentinel.....

A few examples will illustrate this.....



In my own chart shown above I have **Moon** close to the DC. The Moon absorbs the feelings, needs and emotions of others, and is empathic. I've lost count of the times a complete stranger on a bus has poured out their problems to me.

With such a sensitive planet up for grabs, I've had to learn ways to avoid this kind of thing so I don't get bogged down with the woes of others, but that Moon is an invaluable tool when working in an astrological counselling situation with a client.



This chart, that of a good friend, has several planets in the 6th/7th house area, with **Jupiter** above the DC and **Mercury/Venus** below it. Meeting him for the first time you would without a doubt be met with genial sociable friendliness as you were regaled with traveller's tales of places visited and things experienced along the way. The doorstep planets would eagerly seek contact.



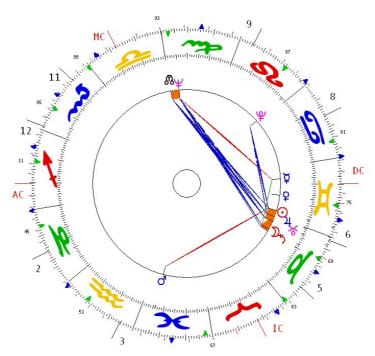
John Kerry, who was US Secretary of State under President Barack Obama, has no less that four doorstep planets, all clustered around the DC in his chart. A stellium like this can be blessing and a bane - which planet dominates? How can the individual separate out which one to draw upon in different circumstances? **Saturn, Moon, Mars** and **Uranus** offer quite a wide scope here!

Note all four planets are in aspect to his **Sun**, putting him firmly in the driving seat when it comes to choosing which planet is appropriate. **Saturn** will be firm, **Moon** will add empathy, **Mars** brings energy and drive and **Uranus** offers a wider perspective and innovative potential. If they all work together, cooperatively, this could bring success in diplomatic initiatives.

These are just a few examples. Try this out for yourself on your own chart - draw on your life experience and observations of how you meet and greet others, and how they respond to you. And for more practical tips and ideas on looking at charts in this way, especially using the AC or "I" side and the DC or "You" side of the chart, see my book *The Living Birth Chart*.

The chart shown below has a doorstep planet.

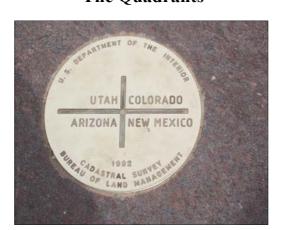
Apply what you've learned from these tips to the charts and speculate on how that individual might express or experience this doorstep planet in everyday life.



This chart with one doorstep planet and another unaspected planet close by.

Unaspected planets are covered in **Tip** #6 so you may wish to return to this chart after reading that section and speculate on how an unaspected planet close to the "doopstep" of the chart might operate.

Tip #5
The Quadrants



You may be wondering what the Four Corners - a place in the desert where these four American States meet - has to do with astrology. Quite rightly so as on the face of it, it appears to have absolutely nothing to do with astrology at all. Or does it?

In the Huber Method of Astrological Psychology, the natal chart is divided into four very similar sections, known as quadrants, using the dividing line made between the **Ascendant** and the **Descendant**, and the **IC** (lowest point of the chart) and the **MC** (highest point of the chart).

For the sake of comparision, we could liken the first quadrant below the horizon to Arizona and the second to New Mexico. The third quadrant, found above the horizon, relates to Colorado and the fourth to Utah - you get the drift.



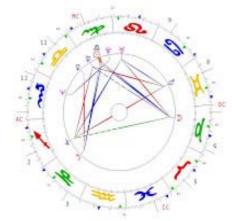
Look closer and you'll see that each quadrant has it's own key words and attributes, all of them relevant to personal growth and encouraging awareness of where the individual - or you - might be coming from in your interactions with others.

Any quadrant which has an emphasis of planets will be a good indicator of where that person (maybe yourself) might launch themselves from. There would be a good chance that someone with a lot of planets in the first quadrant would an impulsive, self-assertive type, and that someone with an emphasised third quadrant would be more consciously aware of how they interacted with

others. They would be less likely to take the assertive/impulsive route in favour of considering the stance of others around them.

A couple of examples here might help. This first chart has a strong first quadrant emphasis; act first and reflect at leisure behaviour would be likely here, coupled with the **Sun** and other planets in the go-ahead sign of **Aries**.





This chart, on the other hand, has a lot of planets up at the top of the chart spanning both third and fourth quadrants. Here is someone who would be very aware of what they do and what they say might affect others on the receiving end. Of course, both of these examples are quite simple and this is more complex technique which requires study and observation, based on real life experience.

A good resource here would be *The Astrological Houses* by Bruno and Louise Huber - this offers the definitive description of the quadrants.

Of course, the ideal would be to have the fluidity to move psychologically between all four quadrants, regardless of whether they are tenanted with planets or not. This is quite simple really, and is ably demonstrated by the child at play with hands and feet in all four of the quadrants. All of them are included as part of the whole. There's something to aim for!



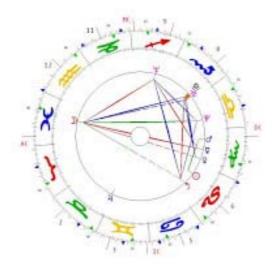
A good way to test out your understanding of the Quadrants would be to imagine a set of circumstances and then speculate and hypothesise on how someone with an emphasis in each Quadrant might respond. For example

- how would they handle a chip pan fire in the kitchen?
- how would they handle being mugged and losing their mobile phone?

Think of some other possible scenarios and apply the theory of the Quadrant emphasis to these.

#### **Unaspected Planets**

How do you interpret unaspected planets? Are they easy to get a handle on, or do you find them confusing and challenging? Using astrological psychology it's clear to see that an unaspected planet is one which is not connected at all to any of the aspects in the chart. It appears to stand outside, like a loner, not joining in and is maybe not even invited into the scene of the main action.



The chart shown here has an unaspected **Jupiter**, which stands very much alone and islolated in the 2nd house. You may speculate on how this Jupiter might suggest good luck, boundless opportunities, the urge to travel or to live the good life (it is in Taurus). But none of these would be correct for the person concerned.

This unaspected Jupiter for them was about gaining wisdom and learning from experience - real life experience - and understanding that unless certain safeguarding procedures were undertaken, they would fall ill.

An unaspected planet acts rather like a dog off a lead, which has the full range and scope of the environment to explore, sniff out, and gather information from, and this can be a huge asset. But unless the individual is *consciously aware* of this tendency, and forgets to call the dog back (for dog read planet here!) to check out what it has discovered out there in the wide world, then the unaspected planet will behave rather like that untrained, unruly dog!

Unaspected planets tend to be stimulated by the environment and are far more under its influence than planets which are connected to the overall aspect pattern in a chart.

An unaspected **Venus** for example might take its prompts and stimulation from the environment. In the chart of a woman it could lead to being influenced by fashion trends and commonly held perceptions of what a woman "should" be like, so the individual may try hard to please what they perceive as the expectations of others in this aspect of their life.

An unaspected **Mercury** is likely to have a field day responding to all the verbal and communicative stimuli in the environment. But for the person who has this planet unaspected in their chart they may struggle to ground and put to use the information they have coming in via these Mercurial interactions. They may also talk rather a lot!

For more on the energies and expression of planets, see the definitive discussion of each of them in *The Planets* written by Bruno and Louise Huber.

And if you have an unaspected planet in your chart, don't forget the dog lead/leash!



You may wish to return to the chart used in the previous Tip (**Tip #5** on Doorstep planets) to speculate about how the unaspected **Venus** close to the DC might be experienced and expressed. The chart is that of a man, so think about how this unaspected planet could behave.

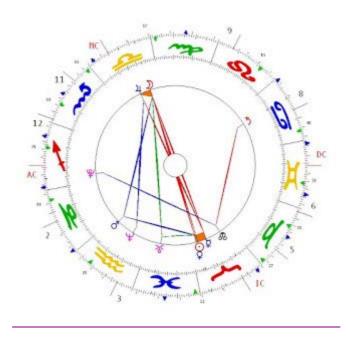
#### **Conflict and Tension**

This Astrology Tip looks at how to identify potential inner conflict and tension in the natal chart. This can be a very useful technique to use but like all techniques, it requires the budding astrologer to trial and use it on a number of charts of friends/family (including their own!) before any confidence and competence are developed for using more widely with the charts of others.

Given that I use astrological psychology, and that you are probably reading this because you're interested in astrological psychology, I'm assuming that

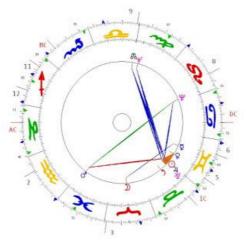
- you would like to know more about inner conflict and tension in your own chart, and
- you might want to apply this to other people/charts you are working with.

Conflict and tension can be identified by red opposition aspects, the planets which pin them and the house axis which they are lie across. They can also be identified when there is a stellium or a strong conjunction of planets in one house or area of the chart. There doesn't have to be an opposition for conflict and tension to exist.



This chart shows potential conflict and tension with oppositions across the 3rd/9th house axis, associated with thinking, ideas and learning. The individual

concerned may get caught up in a mental bind in this area of life. If this is so (don't automatically assume that if there are oppositions, there will be trouble! You have to relate what is seen to the WHOLE life experience and situation of the person) the solution would lie in focusing more on the 6th/12th axis of existence. The way out of the conflict would be to bring the results of the thinking/learning into reality and do something with them, possibly via the 6th house of work and service to others. If there is tension across an axis, resolution of the conflict concerned can be helped by focusing on the complementary house axis.



There are no oppositions in this chart but the stellium and group of planets focussed on the 4th and 5th houses will set up potential tension on both 4th/10th (Individuality) and 5th/11th (Relationship) house axes.

This can be overcome, eased or balanced if the person concerned consciously activates both the 1st/7th Encounter axis and the 2nd/8th Possessions axis. Some help is on hand in this chart to help in connecting with the Possessions axis, as Mars in 2nd house can be brought into play.

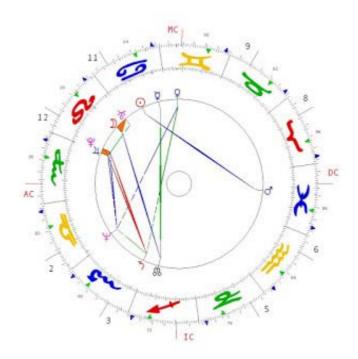
There's no easy fix in working with conflict and tension. What I've offered here is very much the bare bones and you'll need to read up on it, study it, apply it to your own chart to see if it has meaning and validity for you in the context of your life experience.

Using the house axes is undeniably useful in astrological psychology, since we live our lives out in the environment around us - and that's what the houses represent.

Take a look at these recommended books for more info: *The Astrological Houses* by Bruno and Louise Huber *The Cosmic Egg Timer* by Joyce Hopewell and Richard Llewellyn

#### **Low Point Planets**

The Huber Method of astrological psychology is unique in that it recognises two significant house positions for planets. These are the Balance Point (indicated by a small blue triangle on the outer rim of the chart), a place of optimum expression in the outside environment, and the Low Point (indicated by a small green triangle, also on the outer rim).



Take a look at the chart shown here. The **Moon** in **Leo** is placed exactly on the Low Point of the 11th house. On a personal level, it may sometimes be challenging for this person to express their emotions, wants and needs easily or comfortably. This person may feel they are not heard, or are ignored, when their inner needs are expressed. This is how Low Point planets function until we take a hand in things by being consciously aware of them.

A Low Point Mercury can lead to difficulties in literally being heard, because the person has a quiet voice. They may have lots of useful input to share in conversations, but are overlooked because they don't come across very audibly. A Low Point Sun may mean that the individual has to develop a stronger sense of themselves and learn how to assert themselves, as they can be easily ignored. A Low Point Mars can come out as a load of hot air, bluff and bluster, but no-one takes much notice when a Low Point Mars shouts and makes a fuss.

Many charts have Low Point planets, and rather than sigh and wonder what can be done about them if you feel you're stuck with one (you'll be able to ascertain this if you have your chart set up using the Huber Method; no other method uses this technique) you can work to develop your Low Point planet(s).

The uniqueness of such planets is that they offer a direct channel to the clear circle left in the centre of the chart, which symbolises the connection we all have with a higher, spiritual plane. Connecting with this, maybe through meditation or mindfulness, we can enrich our lives and create a clear space to move towards when the going gets tough.

We can also train ourselves to connect with this inner source by using any Low Point planets we may have in our chart. Louise Huber often said that the Low Points are connected to the soul's purpose, so rather than Low Point planets being a bind, they can be a blessing. But they need a bit of help, encouragement and a willingness to work and develop them as we develop our own conscious awareness and acceptance of what they mean for us in everyday life.

You can find our more about the Low Point and Low Point planets in the Huber's book, *The Astrological Houses*.

#### Levels of the Planets

The Huber Method is unique in several ways - one of them is that it acknowledges that the planets in the natal chart operate at different levels.

They may be **Asleep** - functioning in largely unconscious and reactive ways, where survival is the name of the game and life is lived instinctively and impulsively. The psychological drive associated with any given planet will be expressed in raw, unaware behaviour.

They may be **Waking** - functioning in a manner where developing awareness and self-understanding is expressed. Energies and drives associated with any given planet will be more directed and controlled.

They may be **Awake** - functioning in a fully aware and conscious way, drawing on the use of the will with any given planet so there is more conscious choice involved and less need for the demands of the ego to be met, or even to get in the way.



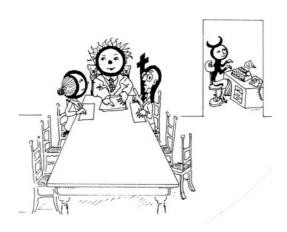
For example, **Mercury** at the *Asleep* level can be observed in the babblings and mimicry of a baby or toddler as they play with sounds. Later, as a child at school, they might learn some things by rote, and an asleep Mercury can be observed in someone who talks incessantly *at* someone but doesn't listen *to* them.

Mars at the *Waking* level can be seen in competitiveness, assertiveness and the drive to achieve - the performances of athletes at the Olympic Games is a good example of this planet in Waking mode.

Awake, the Sun manifests in behaviour that is selfless and honourable, as the individual acts as a willing agent for the greater good.

No-one is perfect and getting to grips with these levels and noting them at work in ourselves is a first step. Our planets are unlikely to function all the time at one of these levels; they rise or fall from asleep to awake as if in a lift going up and down - there's nothing consistent! The trick is to be self-aware and observant of how we're responding and interacting.

And that could be a lifetime's (worthwhile) work!



Tip #10
Understanding Life's Journey



"Of the many techniques used in the Huber Method of astrological psychology, Age Progression - using the natal chart as a life clock - is more often than not the technique which captures the imagination and interest of newcomers and seasoned astrologers alike."

This is a quote from the opening pages of my book, *Using Age Progression*, published in 2013.

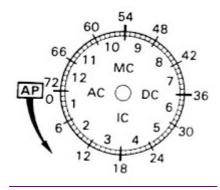
There is no doubt in my mind that this specific technique is a favourite one to dabble in and learn more about, especially for astrologers who are not so familiar with it but who would like to use it as a tool for timing events in the horoscope.

What I suggest, if you are planning to try out using Age Progression is

- **don't** try it without a correct time of birth; it won't work
- do make sure you are using a Huber-style chart, with Koch Houses.

The technique of Age Progression is pretty simple and straightforward; what you need to have in place is a sound understanding of the meaning of

- each of the **houses**,
- each of the **planets**,
- each of the signs
- and also of the aspect patterns used in the Huber Method.



Using the chart as a Life Clock, and starting at the AC, the hand of the Life Clock moves around the chart in an anti-clockwise direction. Each of the **houses** represents a different psychological life phase, and it takes 6 years to travel through each individual house, regardless of its size.

Small houses will be experienced differently from larger houses.

The **sign** that the hand of the Life Clock travels through is also significant - it forms a backdrop to the main events and colours the nature of the prevalent energies.

Any **planets** which are encountered, either eyeball-eyeball or by aspect, will be significant. Their flavour and energies will be available, present and experienced, as will the nature of any **aspect pattern** they are a part of. The **Balance and Low Points** in each house will be traversed, and will bring new experiences.

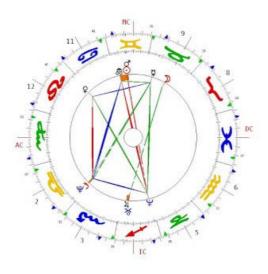
These will often highlight something which is significant at that time in the life of the individual. For example, the Age

Point conjunct the **Sun** could herald a new understanding of, and confidence in, one's self. Conjunct the **Moon**, emotional insights and experiences could be uppermost; conjunct **Saturn** an awareness of personal health and well-being could emerge, along with a deepened sense of responsibilities.

For much more detail on this subject, along with example charts, see my book *Using Age Progession* and the Huber's book *LifeClock*.

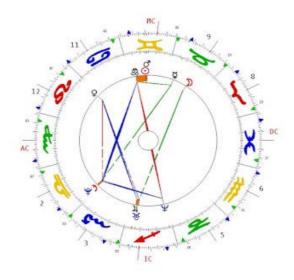
#### **The House Chart**

The House chart provides us with an objective view of the individual, and it's a technique and chart - as far as I'm aware - that is unique to the Huber Method of Astrological Psychology.



House chart of birth 8.6.1983, London, 12.30

The House chart, when used alongside the natal chart, shows what the world tried to make us in our formative years backed up by influences from family, friends, teachers, schools, surroundings, neighbourhood, community, relatives, and so on. You could think of the House chart as our starting equipment - a starter pack for life - because it gives us ingredients for moving forwards from birth, incorporating our inherited traits and potential with our taught traits.



Natal chart of birth, 8.6.1983, London, 12.30

<u>Always</u> use your Natal and House charts together, but approach the interpretation of the House chart using the same guidelines as you would for the Natal chart. The value of using both charts is that a comparison can be made between **nature (the Natal chart)** and **nurture (the House chart)**. You are a product of heredity and environment, and a simple formula to remember here is:

#### $H \times E = I.....Heredity \times Environment = Individual.$

Main points to consider when comparing your Natal and House chart include, first and foremost, a look at the overall picture your chart presents. Is it similar or different? Did the environment expect to "see" you in a very different way from what is indicated in the Natal chart? Look for changes or discrepancies in colour balance, chart shaping and direction and changes in the aspect structure, particularly those involving the Family Model. Most of all, consider if your House chart presents as either enriching or diminishing alongside your Natal chart - has the Natal chart (and you) been enhanced or reduced by the environment?

Working with our own House charts can give us many insights into how our environment shaped us, what it expected from us, and how we felt (and perhaps still feel) about that.

This work may not always be easy, and we may connect with both and pain and joy as we explore the messages and expectations we received during childhood. What we need to do is remember that the contents of the House chart are a "movable feast" and that we can "eat" and choose from the "menu" those elements which are the most positive and useful to us. If we can choose consciously, we will gain the most benefit, and the amount of freedom we have to move from the House to the Natal chart depends on how awake and aware we are, and on our ability to choose.

#### PRACTICAL EXERCISE

Outlined below are some practical ways of working with the House chart, and after reading this through you might like to try some of these out for yourself:

- Make a list of "messages" from your childhood what were the expectations of your environment for you? Which messages do you still hear or carry? Include what you consider to be both good **and** bad. Do you want to hear them? Which do you want to keep/discard?
- Jot down some notes to describe your environment as a child at different

ages (you could choose three different ages - e.g. young/small - middle sized - teens/growing up). Dig into your memories. What was expected of you? What was it like to be in your environment? Use your sensual memories to connect with:

- sights; visual memories; call to mind old photographs to help here, remember any significant experiences;
- sounds/phrases/words and sayings used; music heard; instruments played; books, newspapers, TV or radio programmes read, watched or listened to;
- smells, tastes of your environment, e.g. food, comforts, luxuries, things you hated
- activities, excursions, games and sports played, temper tantrums
- feelings you may have had of safety, security, being OK for who and what you were, feeling good or not, feeling loved and approved of or not.
- Make notes on what was important in your environment and what was not. How was this conveyed to you and did it or does it still affect your value system? Are the expectations of your parents, other family members, siblings (if any), neighbours, other authority figures still with you?

As you do this exercise, remember that the House chart contains **TAUGHT** and not **INHERITED** traits. It does not have to be "fixed" - the die is not cast once and for ever - we have a *choice*, and we can choose to extract the positive elements of our own House charts and put them to use for ourselves in ways which are supportive and beneficial.

There is more on the House chart, what it is, how to set it up and how to use it, along with worked examples of natal and house charts, in these two books:

Transformation: Astrology as a spiritual path by Bruno and Louise Huber

The Living Birth Chart by Joyce Hopewell

Tip #12

The Low Point and the Mid-Life Crisis



If you've not read the earlier Tip (**Tip #10**) about Age Progression and Understanding Life's Journey, you might find it helpful in order to get to grips with what this tip is about. The Low Point of the whole chart/life of the individual occurs at around age 44. This neatly dovetails with the timing of the so-called "mid life crisis", usually reckoned to be around 44/45 years.

At this Low Point, which occurs in the 8th House of the chart, the person is likely to be re-evaulating their life, looking at what they've done so far, reviewing what they've achieved and pondering on whether they continue in the same way......or follow urges and prompts which they might be sensing from within to pursue a new path which, for them, has greater meaning at this time.

It is at this 8th House Low point, in the mid-forties, that people have the opportunity to connect with their innermost being and urges, sometimes towards a complete change of employment, or structure of life. Goals shift, horizons that were once appealing pall into lukewarm attractiveness at this stage of life and some people do experience it as a crisis.

Here I'd remind anyone feeling this way of the Chinese proverb:

# Crisis is danger and opportunity.

At the Low Point we are closest to the soul's purpose, which calls and is represented by the always clear circle at the centre of the chart.



At the Low Point of the whole chart - age 44 - the call is probably at its loudest. It may be that a large change is going to be needed to fulfil these urges that arise; it may be that only small adjustments are required and that these can more easily be incorporated into everyday life. But if we ignore this urge to change, this call from within, it won't go away. It will simply resurface at every successive Low Point, so there it will be again at age 52, the next Low Point .

If you're on the Low Point of the chart and of life, cut yourself some slack. Listen to what is coming from within as this will help guide you through what feels like a labyrinth of choices towards what is really and truly right for you.

Then you will find the way ahead starts to get a bit clearer - but you'll probably need to draw on your inner strength and courage too, to help you along the way. And how rewarding might that be to make some changes.

Only you will know if you try it.

Travel safely and wisely.

#### Recommended additional resources

Chart interpretations: http://joycehopewell.blogspot.co.uk/

Books on the Huber Method: http://astrologicalpsychology.org/resources/books-temp/

E-bookstore: http://astrologicalpsychology.org/resources/ebook-store/